



Yogurt Substitution Chart!

1 cup sour cream = 1 cup Stonyfield Greek

1 cup butter = 1/2 cup Stonyfield Greek +
1/2 cup butter

1 cup mayo = 1 cup Stonyfield

1 cup heavy cream = 1 cup Stonyfield Greek

1 cup oil = 1/3 cup Stonyfield Greek

1 cup buttermilk = 2/3 cup Stonyfield +
1/3 cup milk