

Name: _____

The Five Flavors Game

Name that taste:

Taste	Write in matching food	Score (did you get it right?) Yes = 1 point, No = 0 points
Sweet		
Salty		
Sour		
Bitter		
Savory		
TOTAL Score:		

Word Bank:

- Unsweetened Chocolate (without sugar)
- Parmesan Cheese
- Salt
- Lemon
- Sugar

Lesson: Remember to think about how your food tastes when you're eating it!

Blind Taste Test Game

Work with a partner and keep score:

Similar Foods	Did You Guess Correctly? Circle One	Score Yes = 1 point, No = 0 points
Bell Peppers: Green and Red	Yes or No	
Carrots: Orange and Purple	Yes or No	
Raisins: Brown and Golden	Yes or No	
Apples: Red and Green	Yes or No	
Grapes: Red and Green	Yes or No	
TOTAL Score:		

Lesson: Don't judge food by how it looks, but instead by how it tastes!