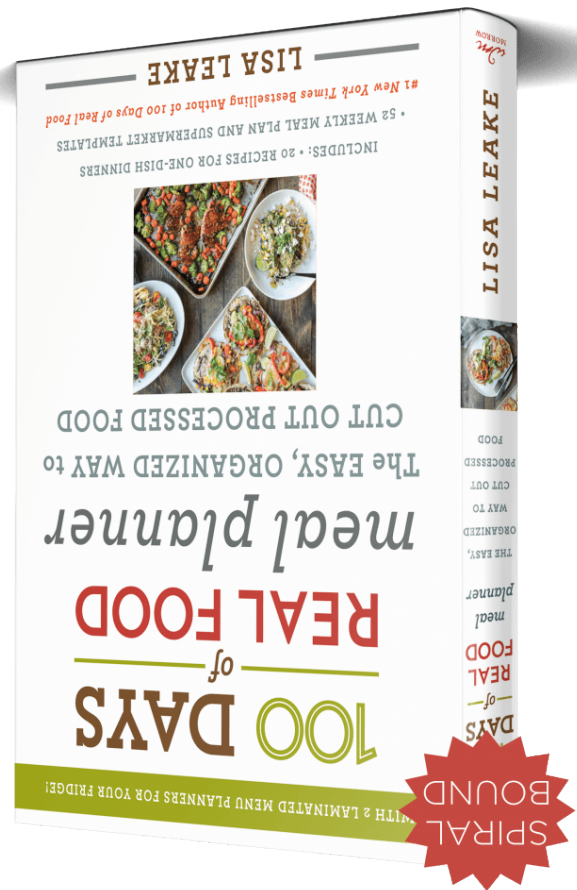




100 Days of Real Food Meal Planner

by Lisa Leake

A practical, easy-to-use “real food” meal planner with concealed spiral binding to lay flat with ease. Includes tear-out pages for menu planning and grocery lists, as well as two erasable laminated cards for weekly menus and school lunch packing charts.



Get ready to get organized
in the New Year with Lisa Leake,
#1 *New York Times* bestselling author of
100 Days of Real Food

TO: _____

FROM: _____

Lisa Leake's new **100 Days of Real Food Meal Planner** will arrive on December 29th!
